

DRUGS

Ashley & Zane

WHY DO SOME PEOPLE TURN TO DRUGS IN COLLEGE?

+ Stress

+ Coursework

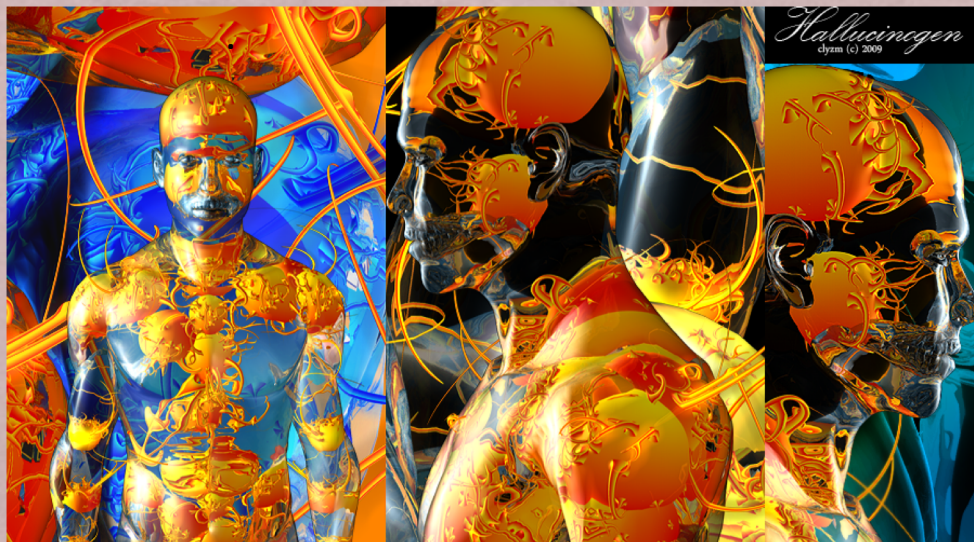
+ Curiosity

+ Peer Pressure

COMMON PARTY DRUGS OR "CLUB DRUGS"

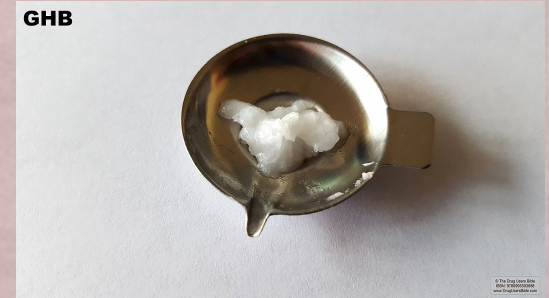
Club drugs include GHB, Rohypnol, Ketamine, MDMA (Ecstasy), Methamphetamine, and LSD (Acid).

All of these are Hallucinogens because they offer a "trip" that involves hallucinations.



GHB OR GAMMA-HYDROXYBUTYRATE

- + found in a liquid or powder form.
- + taken to improve athletic performance, sleep, sexual performance and pleasure.



GHB costs \$5 to \$25 per dose.

KETAMINE

- + An anesthetic in veterinary medicines
- + Users report euphoria, along with feelings of floating and other “out of body” sensations.
- + taken orally as a pill, snorted, smoked with tobacco or marijuana, or mixed into drinks.



The cost for ketamine is around \$40 for a supply of 100 milliliters.

METHAMPHETAMINE

- + looks like glass fragments or shiny, bluish-white rocks.
- + can be smoked, snorted, injected, or ingested orally or anally.
- + cause rapid or irregular heartbeat, delirium, psychosis, and heart failure.



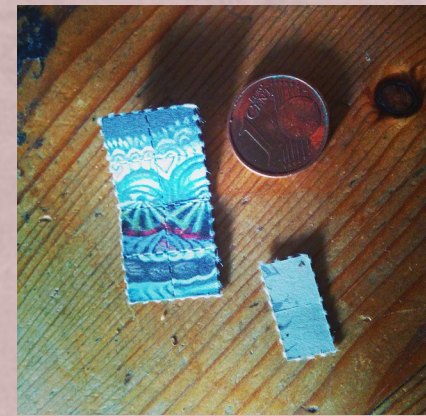
A single dose of meth is about .25g, or \$20.

LSD OR LYSERGIC ACID DIETHYLAMIDE

LSD typically is sold as a liquid or applied to blotter paper, sugar cubes, gelatin square and tablets.



+ nausea, loss of appetite, increased blood sugar, difficulty sleeping, dry mouth, tremors and seizures.



The average cost ranges from \$5-20 per "hit."

HEROIN

- + can be a white or brown powder, or a black sticky substance known as black tar heroin.
- + inject, sniff, snort, or smoke heroin. People mix heroin with crack cocaine, a practice called speedballing.
- + Bursts of euphoria, personality changes, mood swings, angry outbursts, lack of motivation, increase in paranoia



The average cost of heroin is \$15-20 for a single dose (0.1g).

COCAINE

- + Looks like a fine, white, crystal powder. Street dealers often mix it with things like cornstarch or flour to increase profits.
- + snort through the nose, or they rub it into their gums. Others dissolve the powder and inject it into the bloodstream.



The average cost of cocaine ranges from \$100-120 per gram.

A typical “line” of cocaine is 50 milligrams, yielding 20 uses from a single gram.

MARIJUANA

- + Enhances perception and euphoria, drowsiness, slow reaction time, problems with balance and coordination, problems with learning and memory.
- + People smoke marijuana in hand-rolled cigarettes or in pipes or water pipes or in food.



The average cost of 1 gram of high-quality cannabis flower in the U.S. is **\$12**. Prices can vary by the different strands and quality.

DATE RAPE DRUGS

- + Rohypnol, GHB, and GBL may look like pills, liquid or powder
- + Can have no color, no smell, and no taste when added to a drink or food, but they can change color
- + Dizzy, problems talking or slurred speech, trouble moving, feeling nauseous, irregular heartbeat, sleepiness, confusion, trouble breathing or pass out

HOW TO AVOID DATE RAPE DRUGS

- + Be aware of drinks in community drinks.
- + Don't accept drinks from other random strangers. It's the same thing as your mom telling you to not take candy from the strange guy in the white van.
- + Don't drink anything that smells, tastes or looks strange. Get help right away if you don't feel right.



WHAT HAPPENS?

- + Becomes out of touch with reality, risking engaging in dangerous behaviors.
- + Can get caught up in serious crime, experience mental illness or accidental overdoses.
- + Decreased academic performance.
- + Reckless behavior that can lead to legal charges, jail time and probation.

HOW TO GET HELP

- Express your concerns in a calm manor
- Talk to someone they're close to
- Do not provoke/ verbally attack them
- Call the National Helpline 1-800-662-HELP



An intervention is a
LAST RESORT

HOW TO AVOID DRUGS AS A COLLEGE STUDENT

- + If you find yourself at a party, don't eat anything you find. You don't know what's inside of it or who made it
- + Find positive ways to cope with stress and problems (Listen to music, Workout, Etc.)
- + Have a buddy who looks out for you and vice versa
- + Think about the possible consequences with future jobs and education